

LANE SWIMMING - Public sessions

We are currently opening for Lane swimming sessions only. These sessions will vary in length but commonly will last 45 minutes. Please refer to the pools covid-19 timetable for session times and lengths.

We are unable to host more than one session type at any one time so our public access has changed quite a bit.

Children

Children under the age 8 will be unable to take part in lane swimming sessions.

Children over the age 8 will be granted access to lane swimming in the pool.

Pre-booking

We have created a booking system to enable you to book yourself in for a time slot online. This is to give you confidence that when you come for your swim you will be guaranteed a space. Walk in slots are available but we advise everyone to pre book to avoid disappointment as we have had to put a restriction on our maximum bather loads.

Facilities that are closed

To adhere with the governments guidelines, there are areas that we have had to keep closed. These areas include:

1. the viewing gallery
2. the methesis spa
3. the vending area will be closed apart from using the vending machines.
4. The small pool apart from swimming lessons

1

Your visit

Before you visit the centre, you will need to turn up "beach ready" meaning you need to come ready to get into the pool.

When you arrive you may need to queue outside the building, we have marked out 2 metre gaps for you follow social distancing guidelines. We have also marked out 2 metre intervals throughout the entire building.

You will need to sign in with the receptionist as you normally would.

We have put in a one-way system for you to follow:

From reception you will need to head straight to poolside through the door to the right of reception.



From here you will need to take your shoes off and carry your belongings up poolside. The lockers will be available to put your belongings in. Please follow the directional arrows to guide you around the one-way system. Back to the pool.



2



Poolside

Deep End

- Exit the changing rooms to poolside. (green arrow 1)
- Enter the pool at the steps (green arrow 2)
- Access to the shallow end and small pool (green arrow 3)
- Exit the deep end (red arrow 4, 5, and 6)
- One-way system to leave poolside (red arrow 7, 8, 9)
- Access to shallow end, small pool and access back to the changing rooms (red arrow 10)



Shallow End

- Exit changing rooms to pool side (green arrow 1)
- Access the shallow end across the boom (green arrow 2)
- Enter the shallow end at the steps (green arrow 3)
- Exit the shallow end (red arrow 4)
- Access back to the changing rooms (red arrow 5)

3

- People leaving the deep end and joining the one-way system (red arrow 6)



Once your session has finished, the lifeguards will clear the pool. Follow the same directional signage back to the changing rooms.

Signage will then direct you the route to leave the building.

Covid Public Swim Session Etiquette

Do not attend the Centre if you have any Covid-19 symptoms

Please use the hand sanitiser upon entry to the building

We recommend that customers pre book their sessions

Arrive beach ready wearing your costume.

Pre shower before entering the pool, at home if possible

A maximum of 10 swimmers per lane (deep end) 8

(shallow end)

Swim Clockwise in all lanes above the blue lines

Normal Swim lane rules apply

You must keep your distance of a minimum of 2 metres

Overtaking is not permitted

Exit the pool when instructed to by a lifeguard

Reception will issue different coloured bands for

different pools. Customers must stay in the pool they

have booked into.

At the end of each session the lifeguards will clear the pool and customers must leave to ensure the next session will not be over crowded.

What we are doing to keep you safe

We have increased our cleaning regime to regularly disinfect common contact points.

We are periodically disinfecting all of the changing rooms.

We are disinfecting all lockers after their use.

We have reduced the amount of people we allow in the pool so you can keep a safe distance during your visit.

We have spread out hand sanitiser points around the building for all to use.

All of our lifeguards have been trained and updated their first aid to keep you and themselves safe.

All toilets are one person at a time. With added hand sanitiser. Centre feed roll has replaced our air hand driers.

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Please refer below to the buildings one-way system.

The blue dots represent hand sanitiser points

